

Little River Elementary Soccer - Handbook



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Notice to All: (including players, coaches, parents, siblings and all other spectators.)

The use of offensive, insulting or abusive language and/or gestures will result in that player, coach, parent, or other spectator being removed from the field of play. This behavior is unacceptable and will not be tolerated.

The LRE Soccer Board also reserves the right to suspend and/or ban completely any player, coach, parent or other spectator for this behavior.

This handbook is a guide to help the coaches, players and parents. We encourage everyone to read all sections, to build a better understanding for all aspects of the game and the rules of play at Little River Elementary Soccer.

Coach's Handbook

First of all, **Thank you!!!** For volunteering and showing your passion for the game of Soccer and your willingness to pass along your knowledge to another generation, as an LRE Soccer Coach. Without our coaches, we would not have teams and our kids could not play.

Coaches, parents and referees together have an enormous impact on the lives of the children who play soccer. While parents must teach their children to be accountable for their actions, coaches must reinforce positive actions and behaviors on the field.

As coaches –

- You have the responsibility of being a positive role model and mentor to your players
- You will show the kids how to cooperate and play as a team. A lifelong lesson they can take beyond the field.
- You teach them how to respect one another and the game of soccer.
- And you impart on them a maturity level in all aspects of soccer play.

Little River Elementary Soccer expects that only the best sportsmanship will be taught at every practice and reinforced at every game.

This “Coaches” portion of the handbook has information and helpful hints to make your job as a coach more successful and fun. Please take this advice seriously. We all want Little River Soccer to be a fun, positive influence in our children’s lives.

Practice

Be prepared for EVERY practice!!!

- Make sure you have given a lot of thought to what you’re trying to accomplish with the drills you plan to run.
- Coming out unprepared makes it difficult for you to control the flow of practice and this in turn makes the players harder to control during practice.
- Make sure you are giving the kids a baseline of skills to build off of for the rest of their soccer playing days. (ex. You cannot teach a child to do addition before they know their 123’s, and if they cannot add, how can the next teacher show them multiplication.)
- K&1st Coaches –
 - o By the end of the year, your players should no longer be constantly moving in a pack, chasing the ball. You should focus on the fundamentals of soccer (Dribbling/Passing, Proper use of the foot to strike the ball {no more toe kicks}, Scoring, Defense and Offense).
 - o They should know how to properly throw in a ball.
 - o They should be doing better at not using their hands, unless playing goalie.
- 2nd & 3rd Coaches –
 - o Your players should understand how to properly line up; including what the basic responsibility of Offense, Mid-fielders and Defenders are.
 - o They should be better able to; pass longer distances, and dribble through traffic.
 - o They should have a better understanding of when to pass and when not to pass.
 - o They should no longer be using the toe to kick the ball, but using the inside, outside, and laces kicking techniques.
- 4th & 5th Coaches –
 - o Your players need to take all the above and apply it every practice and game.
 - o You should also be building on these basics to adding more advanced techniques such as tackling, shoulder blocks/tackling, advanced kicks with the heel, using knees and their chest to stop the ball, etc.

At your 1st practice.

- Take time to introduce yourself to your players and then let them introduce themselves to everyone.
- Express to them a passion for the game, by sharing a story about when you played or how you came to be a coach.
- Making sure they get to know each other is important. Not only because all the teams are made up of two grade levels and they probably don't know or interact with each other regularly, but also to make them more comfortable and therefore able to work together.
- Practice can actually be the most fun part of a season for the players, so ensure you make it fun for them. Create games, invite their parents to play in a scrimmage at the end of the season, use the resources on the website for practice drills, etc.

Keep the following points in mind as your practice:

- **If the players aren't having fun, you won't have fun.** Make practice interesting.
- **Avoid lectures**, give short instruction, and let the activity be the teacher
- **End practice with a scrimmage.** It is the favorite part of practice for most players.

Game Day

Arrive at least 15 minutes early and instruct your players to do the same.

- Do your warm ups and stretches prior to game start time.
- Give final instructions if needed.
- Make sure your team is ready to play when the referee's come by to check them in, etc.

Start the game on time.

- There are a lot of games to complete each weekend and we cannot wait on one coach or one team to start a game.
- Just like for practices, coaches need to be organized and ready to play.
- The game time on the schedule is the start time not the time for players and coaches to start arriving.
- The LRE Soccer Board will be working with the Referees to ensure every game starts on time, whether you are ready or not. So be prepared!
- Remember if you are acting flustered or confused because you're not ready, it will cause confusion in the kids....

Take care of the fields.

- You as Coaches and Asst. Coaches are responsible for ensuring the field is cleaned up after each game.
 - Please clean up all snack trash after the games.
 - Ensure that the spectators are cleaning up their side of the field.
 - **Last game of the day on each field.** You and your team are responsible for: making sure both sides and the field is cleaned up, that you collect the 4 corner flags and take down your tents, and that you then bring the flags and tents to the Concession Tent.

Sportsmanship.

- Be the example and, if necessary, the enforcer of good sportsmanship.
- All players, spectators, referees, and coaches should show the utmost respect at all times.
- Please encourage parents and players to make only positive comments to the other team and officials.
- Keep soccer positive on all accounts.

Referees.

- These young ladies and gentlemen are bravely taking on a mostly thankless job. Please remember that they are trying to be the best they can be.

- If you have questions or concerns with anything during a game, get a Board member. Do not try to correct the referees yourself either during or after a game. They may miss a call, or make an incorrect call, but its all part of the learning process.
- Ensure that your players and spectators know it is unacceptable to criticize the referees before, during or after games.

*** LRE Soccer challenges all coaches, players and parents to shake the hands of the referees after your games. Take the time to thank them for their effort.

*** Shake hands after the game. Opposing coaches, players and parents should shake hands after each match.

Coach Expectations

LRE Soccer wishes to project a positive image. An attitude of cooperation, respect, maturity, and positive support for the players, coaches and referees is essential to maintain this image. The following information from the US Youth Soccer should be used as guidelines for behavior.

Coach's Code

- Soccer should be fun for everyone.
- Be accepting of the referee's decisions.
- Do not make loud offensive remarks.
- Concentrate on coaching, rather than on the accuracy of the referee's decisions.
- Be positive. Avoid confrontation with any official.
- Be a role model of fair play.
- During games, leave the decisions to the players.
- Set high standards.
- Teach skills and fair tactics.
- Discourage unfair gamesmanship.
- Be firm with parents at games.
- Give good guidelines to parents
- Communicate with parents often.
- Play the game and encourage parents to play.

You don't coach the referee

Facts about the referee

- The referee is not an opponent.
- The referee works best if he/she is not distracted by outside elements.
- Referees make fewer mistakes in a game than your best player.
- ***Although referees are expected to start out perfect and get better with experience, they are only human.***

How concentrating on the referee's performance affects your ability to coach

- Miss opportunities to coach your players during the game.
- Miss seeing things that your players need to work on in the next practice.
- Makes you look like a fool and spoils your reputation

How you negatively affect players

- Cause players to get cautioned for dissent for following your lead.
- You teach them to take no responsibility for their actions "It was just a bad call by the referee!"
- You teach players that it is OK to disrespect authority.

Positive actions get results

- Support the referee's decisions for or against you.
- Discipline your players before the referee has to.
- Assume responsibility for the outcome of the game.
- Be a positive role model.
- Report commendable performance to league officials.

How to deal with a deficient referee

- Make notes during the game on the referee's deficiencies (not decisions)
- Never confront the referee during or after the game.
- Report your complaint to league officials

Again, we thank you for volunteering to coach LRE Soccer. We know that it is not always easy, but we hope it will always be fun. **Please read the "Parents Handbook" section and encourage your team parents to read it, as well.** If we work together, we will have a successful, smooth running season with happy players, coaches and parents.

Parent's Handbook

Thank you for your support of Little River Elementary Soccer. Dedicated parents and players keep the association running.

Parents, coaches and referees together have an enormous impact on the lives of the children who play soccer. Parents must teach their children to be accountable for their actions and coaches must reinforce positive actions and behaviors.

As parents, you have the responsibility of modeling fair play, conflict resolution and the "golden rule". Little River Soccer Association expects that only the best sportsmanship will be displayed at every game by parents, players and coaches.

We want you to have a full understanding of Little River Soccer policies and procedures. This handbook should answer all of your questions; please take the time to read all areas. We all want Little River Soccer to be a fun, positive influence on our children's lives; let's work to make this happen.

Uniform Information

The uniform is required and has been provided to all players.

- The uniform consists of a shirt (tucked-in), shorts and socks.
- The official uniform must be worn for all games with no deviation.
- In case of cold or inclement weather, the uniform can be worn over a jacket or sweats.

Shin guards are mandatory.

- Required at all practices and games.
- **THERE ARE NO EXCEPTIONS!**
- Socks should be pulled over shin guards.

Shoes –

- Only regulation soccer shoes (cleats), gym shoes, or sneakers are approved foot wear for practices and games alike.
- Soccer shoes with cleats are strongly recommended for all games and practices.
- Shoes with metal cleats and toe cleats (such as on baseball cleats) are not allowed.

Jewelry –

- All items of jewelry are potentially dangerous on the soccer field.
- Rings, leather or rubber bands (silly bands), and necklaces are not necessary to play and the only thing they can bring about is injury.
- It is **mandatory** for all jewelry to be removed before a game.

Coaches

All our Coaches are parents who volunteer each year to coach soccer. They are dedicated and excited about the game of soccer and about working with the children. We are very lucky to have them volunteer, as we would not have a program without them. Some coaches may need an assistant coach. Please offer to help him or her out if you can.

Practice Schedules

- Your child's coach will contact you to let you know the day and time of all practices.
- Any notification that practices are to be cancelled due to the weather will come directly from your coach.
- Players should arrive on the practice field ready to play and on time.
- Always remember shin guards are mandatory.
- Please make sure you bring a water bottle and a soccer ball to both practices and games.

Game Schedules

Games are generally played on Saturdays. Although, due to weather conditions, there may be makeup games scheduled on other days. The fields are at Little River Elementary.

Game schedules, indicating game times and field number, are prepared by LRE Soccer. These schedules have been sent to coaches and will be posted online at www.lresoccer.com.

Game Day Guidelines

Please consider these important guidelines as you prepare for the soccer season:

Please arrive at your games at least 15 minutes early.

- Your coach will conduct warm up exercises before the game start time.

Games need to begin on time.

- There are a lot of games to complete each weekend. The game time on the schedule is the start time not the time for players to start arriving.

Sportsmanship. Be the example and, if necessary, the enforcer of good sportsmanship.

- All players, spectators, referees, and coaches should show the utmost respect at all times.
- Please encourage parents and players to make only positive comments to the other team and officials.
- Keep soccer positive on all accounts.

Referees.

- These young ladies and gentlemen are bravely taking on a mostly thankless job. Please remember that they are trying to be the best they can be.
- If you have a question or concern with anything during a game, get a Board member. Do not try to correct the referees yourself either during or after a game. They may miss a call, or make an incorrect call, but it's all part of the learning process.
- Ensure that your players and spectators know it is unacceptable to criticize the referees before, during or after games.

Let the coach – coach.

- Your child's coach is a volunteer giving of his/her time to develop and encourage your player. Please treat them with respect and kindness.
- At games, let your coach do their job, do not coach your child from the sideline; this creates confusion and lack of respect for the coach's direction. Only positive, uplifting comments should be made. Please encourage other parents to do the same.

Take care of the fields.

- Please do your part to pick up snack trash or any other litter you may see.

*** LRE Soccer challenges all coaches, players and parents to shake the hands of the referees after your games. Take the time to thank them for their effort.

Volunteering Opportunities

LRE Soccer is successful because of its many volunteers. Please volunteer to help out in any way that you can.

Parent Expectations

LRE Soccer wishes to project a positive image. An attitude of cooperation, respect, maturity, and positive support for the players, coaches and referees is essential to maintain this image. The following information from the US Youth Soccer should be used as guidelines for behavior.

Parents' Code

- Be knowledgeable of the games.
- Encourage fair play at home.
- Be supportive.
- Watch practices; focus on new strategies.
- Attend games.
- Be positive or quiet at games.
- Do not make loud offensive remarks.
- Concentrate on praising other people's children during games.
- Support the coach and referee's decisions.
- Encourage communication between coach and parent.
- Play the game of soccer.

Again, we thank you for allowing your child to play with Little River Soccer. We hope the experience will be a positive and enjoyable one for you and your player. If we work together, we will have a successful, smooth running season with happy players, coaches and parents.

Player's Handbook

Little River Elementary Soccer welcomes you! We are excited to have you here to play soccer this year. We hope you have a fun and positive experience.

Please consider these important guidelines as you prepare for the soccer season. Help your parents and coaches remember also.

Please arrive at your games at least 15 minutes early.

- Your coach will conduct warm up exercises before the game start time.

Games need to begin on time.

- There are a lot of games to complete each weekend. The game time on the schedule is the start time not the time for players to start arriving.

Sportsmanship.

- Be an example of Good Sportsmanship.
- You are responsible for your own actions.
- All players, spectators, referees, and coaches should show the utmost respect to each other at all times.
- Please make only positive comments to the other team and officials.
- Cheer for both sides. Everyone will have more fun.

Referees.

- These young ladies and gentlemen are bravely taking on a scary job. Please remember that they are trying to be the best they can be.
- **Respect the Referee at all times.** They are trying to be the best they can be.
- They may miss a call, or make an incorrect call, but its all part of the learning process for them too.
- It is unacceptable for players, coaches or spectators to criticize the referees before, during or after games.
- If you have questions about a call, talk to your coach. Your coach should be the only person asking questions of the referee. Please encourage your teammates to do the same.

*** LRE Soccer challenges all coaches, players and parents to shake the hands of the referees after your games. Take the time to thank them for their effort.

Coaches.

- Listen to your coach.
- Your coach is a volunteer giving of his/her time to develop and encourage you.
- Please treat them with respect and kindness.
- Please listen to their direction and give them the respect they deserve.
- If your coach is talking either at practice or a game, you should not be talking or playing. If you miss what the coach says, you could get hurt, or be missing out on important instructions. Both of these things can hurt your team.

Take care of the fields.

- Please do your part to pick up snack trash or any other litter you may see.

Player Expectations

LRE Soccer wishes to project a positive image. An attitude of cooperation, respect, maturity, and positive support for the players, coaches and referees is essential to maintain this image. The following information from the US Youth Soccer should be used as guidelines for behavior.

Player's Code

- Play the game for the game's sake.
- Work for the good of your team. Don't just play for yourself.
- Be generous when you win.
- Be gracious when you lose.
- Be fair always, no matter what the cost.
- Obey the laws of the game.
- Accept the decisions of the officials with good grace.
- Follow the school rules on NO bullying.
- Conduct yourself with honor and dignity.
- Never use language or gestures on the field that you are not allowed to use at school.

Additional Rules For All Age Divisions

- K-1st:** No slide tackles or headers are allowed in this age group.
2nd-3rd: No slide tackles or headers are allowed in this age group.
4th – 5th: No slide tackles or headers are allowed in this age group or you will be penalized.

*** The goalkeeper must be given the opportunity to play in each game as a field player unless that player and that player's parents voluntarily agree to play the goalkeeper position only.

LRE Soccer - Laws of the Game

These modifications for LRE Soccer are based on the US Youth Soccer Association recommendations for our player's skill and age groups.

Law 1 – Field of Play

LRE Soccer complies with USYSA recommendations regarding field dimensions where possible but reserves the right to determine which field dimensions are most appropriate for the league's divisions and field availability.

Law 2 – The Ball

K-1st : Size 3 ball

2nd-3rd & 4th-5th : Size 4 ball

Law 3 – Number of Players

K-1st: 5 players, one of whom is a goalkeeper. A match may not start if either team consists of fewer than four (4) players

2nd-3rd: 8 players, one of whom is the goalkeeper. A match may not start if either team consists of fewer than six (6) players.

4th-5th: 10 players, one of whom is the goalkeeper. A match may not start if either team consists of fewer than eight (8) players.

Substitutions:

- Only when a stoppage of play is in your teams favor and you have unlimited number of substitutions.
- Stoppage of play is **ONLY** a goal kick, corner kick, or throw-in.
- One exception, you can substitute players if the stoppage is in the other team favor and they are also substituting players, but only on throw-ins.

Playing time: Each player **SHALL** play a minimum of 50% of the total playing time.

Law 4 - Player's Equipment

- Players are **REQUIRED** to wear the uniform provided: Team Colored Jersey, with number (tucked in), black shorts of the correct length (as ordered by LRE Soccer for you) and black soccer socks.
- Non-uniform clothing is allowed based on weather conditions only; however the Team Colored Jersey must be worn on the outside/over other clothing to distinguish teams on the field.
- Shin guards must be worn at all times for practice and game play, and are to be worn under your socks, not over them.
- Shoes with metal cleats and toe cleats are not allowed.
- Water or Sports Drink and Soccer ball should be considered part of your equipment and brought to every practice and game as instructed by their coach for game days.

Law 5 - Duration Of The Game

K-1st: 4 - 10 minute quarters.

- Halves of 20 minutes total play. There shall be a 2 minute break between quarters 1 and 2 and another 2 minute break between quarters 3 and 4.
- There shall be a half-time break of 5 minutes.

2nd-3rd: 4 – 12 ½ minute quarters.

- Halves of 25 minutes total play. There shall be a 2 minute break between quarters 1 and 2 and another 2 minute break between quarters 3 and 4.
- There shall be a half-time break of 5 minutes.

4th-5th: 4 – 15 minute quarters.

- Halves of 30 minutes total play. There shall be a 2 minute break between quarters 1 and 2

and another 2 minute break between quarters 3 and 4.

- There shall be a half-time break of 5 minutes.

- After Regulation Time: 2nd / 3rd and 4th / 5th:

In the event of a tie at the end of regulation - teams will immediately go into a Penalty Kick Shootout – 5 shots per round per team. Any player on the field at the end of the game can be one of the first 5 kickers. The goalkeeper you ended the game with must be the goalkeeper you use to defend your goal during penalty kicks for the duration of the penalty kicks. Only the 5 kickers per team, 1 goalkeeper per team, referees, and at least one board member (must be a co-president or co-vice president - which ever are available) are allowed on the field. If after the first 5 shots per team there is still a tie, the same goalkeeper must be used, but the coach can switch out to a different 5 kickers (so long as they has that many to choose from).

Law 6 – Off-Side

K-1st: None to be given a penalty. A warning can be given by the referee to the player and their coach as a reminder of the rule only.

2nd-3rd: Offside will be called only when the infraction is blatant and considered to be deliberate, or it is repetitious and continually gives an unfair advantage.

4th-5th: Offside is called as normal.

A player is in an offside **position** if:

1. the player is in the opponent's half of the field, and
2. is ahead of the ball, and
3. there are fewer than two opponents ahead of the player.

The offside position is judged **at the moment** the ball touches or is played by a teammate. If, in the opinion of the referee, a player in an offside position touches the ball, interferes with an opponent, or plays a ball that rebounds from the goalkeeper or the cross bar, then an indirect free kick is awarded the opposing team.

There is no offside's on the offense if a player receives the ball **directly** from a throw-in, corner kick or goal kick.

Law 7 – Fouls and Misconduct

- At the youth level most fouls are due to pushing, holding, tripping, or spitting and result in a free kick. Other ones to watch out for are handballs and charging, of course. (Note: Some charging is legal, i.e. shoulder tackling, but it must be done properly.)
- It is recommended that the game official explain **ALL** infractions to the offending player.
- No caution or send off shall be issued to players at the K/1st.
- 2/3rd will only receive Cautions (Yellow Cards), however if 2 Yellow Cards are given in a game to a single player, that player will be asked to leave the game. They may sit on their sideline and watch only, and at the end of the game the Coach, Referee and a Board Member will speak to the child about the activity or activities that caused them to receive both Cautions. (Board Member needs to be either one of the Presidents or the Vice President only, whoever is available).
- If a child is being too rambunctious then the game official will ask the coach to make a substitution of that player to give the child a chance to calm down before returning to play.

Advantage - Any penalty which might in the opinion of the referee give an advantage to the team committing the foul shall not be called.

Warning - A verbal warning from the referee to a player, coach or spectator.

Caution (Yellow Card)

A player is cautioned if he commits any of the following seven offenses:

1. unsporting behavior
2. dissent by word or action
3. persistent infringement of the laws of the game
4. delaying a restart of play
5. failing to respect required distance when play is restarted with a corner kick, free kick or throw-in
6. entering or re-entering the field of play without the referee's permission
7. deliberately leaving the field of play without the referee's permission

Send Off (Red Card)

A player or substitute is sent-off if he commits any of the following seven offenses:

1. serious foul play
2. violent conduct
3. spitting at an opponent or any other person
4. denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (this does not apply to the goalkeeper within his own penalty area)
5. denying an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or penalty kick
6. using offensive, insulting or abusive language and/or gestures
7. receiving a second caution in the same match

An ejected player, coach or spectator must immediately leave the field and surrounding area. An ejected player may not be replaced during the current match. While team officials can be sanctioned, only a player or substitute may be shown the red or yellow card.

Law 8 - Free Kick-- (Direct and Indirect)

K-1st: All free kicks will be direct.

All Others: All opponents are at least 6 yards (18 feet) from the ball.

There are two types. A direct and indirect, with most free kicks being classified as indirect. (This means a goal may not be scored until the ball has been played or touched by a second player of either team.)

Indirect Free Kick (IFK) - An IFK is taken from the location of the offense. A goal cannot be scored directly, i.e. the ball must be touched by another player before a goal can be scored. If an indirect kick is kicked directly into the opponents' goal, a goal kick is awarded. If, for some weird reason, an indirect kick is kicked directly into your team's own goal, a corner kick is awarded to the opposing team.

An IFK is awarded for various infractions as well as the following fouls:

1. plays in a dangerous manner
2. impedes the progress of an opponent
3. prevents the goalkeeper from releasing the ball from his hands
4. The following apply to the goalkeeper within his/her own penalty area:
 - controls the ball with his hands after he has released it from his possession and before it has touched another player
 - touches the ball with his hands after he has received it directly from a throw-in taken by a teammate
 - touches the ball with his hands after it has been deliberately kicked to him by a teammate
 - touches the ball with his hands after he has released it from his possession and before it has touched another player

Direct Free Kick (DFK) - A DFK is taken from the location of the foul and is awarded for the following offenses when committed by a player while the ball is in play (except when committed inside the offenders own penalty area). The ball must be stationary when the kick is taken and the kicker must not touch the ball again until it has touched another player.

If a direct kick is kicked directly into the opponent's goal, a goal is awarded. If, for some weird reason, a direct kick is kicked directly into your team's own goal, a corner kick is awarded to the opposing team:

1. kicks or attempts to kick an opponent
2. trips or attempts to trip an opponent
3. jumps at an opponent
4. charges an opponent
5. strikes or attempts to strike an opponent
6. pushes an opponent
7. tackles an opponent
8. holds an opponent
9. handles the ball deliberately (except for the goalkeeper within his own penalty area)
10. spits at an opponent

Law 9 - Penalty Kick

K-1st: No penalty kicks are to be taken during games.

All Others: If a player commits a foul in their own penalty area a Penalty Kick will be awarded.

Penalty Kick (PK) is awarded for a direct free kick foul committed inside a team's penalty area. The kick is taken from the penalty spot. All players except the kicker and goalkeeper must be outside the penalty area, behind the ball and at least 10 yards from the penalty spot. The ball is in play after it has been kicked forward, but the kicker may not be the next to touch it. The goalkeeper must have his heels on the goal line, and cannot move until the ball is touched by the kicker.

Law 10 - Throw In

K- 1st and 2nd / 3rd : A second throw-in must be allowed if the player makes an improper throw-in on the initial attempt. The second throw-in takes place after the game official explains the proper method.

4th and 5th : **One attempt Only** - If improper throw-in is made, ball is given to opposing team for throw-in.

A throw-in is the restart after the ball has gone over the touch line. The ball is thrown in at the spot it left the field of play.

Players **MUST** have both feet / toes on the ground or can drag toes of shoes, have two hands on the ball, and the throw **MUST** come from behind the players head.

- The thrower may not be the first person to touch the ball after returning it to play.
- A Goal cannot be scored directly from a throw-in.
 - If the ball is thrown into one's own goal, a corner kick is awarded.
 - If the ball is thrown into the opponent's goal, no point is awarded and it is a goal kick.

Law 11 – Goal Kick

A goal kick is granted after the ball has gone out over the goal line having last been touched by the offensive team. The ball is kicked by a defensive player from anywhere inside the goal area. The ball must be kicked out of the penalty area before it is back in play.

K- 1st: The kick is from the goal line and the opponents must be at least 4 yards (12 feet) outside the immediate area.

All Others: The kick is taken from the goal line and the opponents must be at least 8 yards (24 feet)

away from the spot of the kick.

Goal Kick taken by a player other than the Goalkeeper -

- If the ball is not kicked directly out of the penalty area from a goal kick:
 - The kick is retaken
- If, after the ball is in play, the kicker touches the ball again (except with his/her hands) before it has touched another player:
 - An indirect free kick is awarded to the opposing team, the kick to be taken from the place where the infringement occurred.
- If, after the ball is in play, the kicker deliberately handles the ball before it has touched another player:
 - a direct free kick is awarded to the opposing team, the kick to be taken from the place where the infringement occurred
 - a penalty kick is awarded if the infringement occurred inside the kicker's penalty area

Goal kick taken by the goalkeeper –

- If, after the ball is in play, the goalkeeper touches the ball again (except with his hands) before it has touched another player:
 - An indirect free kick is awarded to the opposing team, the kick to be taken from the place where the infringement occurred
- If, after the ball is in play, the goalkeeper deliberately handles the ball before it has touched another player:
 - A direct free kick is awarded to the opposing team if the infringement occurred outside the goalkeeper's penalty area, the kick to be taken from the place where the infringement occurred
 - An indirect free kick is awarded to the opposing team if the infringement occurred inside the goalkeeper's penalty area, the kick to be taken from the place where the infringement occurred
- In the event of any other infringement of this Law:
 - the kick is retaken

Law 12 - Corner Kick

All Groups: A corner kick is awarded when the defending team kicks the ball over their own goal line. A goal may be scored directly from a corner kick.

Law 13 – Goalkeeper

All Groups: The goalkeeper may play the ball with his or her hands, but only inside their own penalty area. The goalkeeper may not waste time putting the ball into play. The goalkeeper wears something to distinguish them from his or her teammates.

Law 14 – Ball out of touch

All Groups: All of the ball must go completely past the outside edge of the touch line or goal line either on the ground or in the air.

Law 15 – Goal

All Groups: All of the ball must go completely past all of the goal line into the goal.

Law 16 – Injured Players

All Groups: If play is stopped for an injury to a player (the player is laying on the field and doesn't get up) that player must leave the game until a time he can legally reenter the game. See Law 3 – Substitutions.

If the injured player is the goalie, it is up to the Referee's discretion if he/she must leave the game.

Volunteer Opportunities

Assistant Coach

Take the opportunity to help assistant coach a team. Working directly with the players is a challenging and rewarding experience. Many of the coaches could use an assistant coach

Team Parent

Communicate between the coach and parents by making phone calls. Set up snack schedules.

Concession Stand

Help with running the concession stand. This is a requirement that all teams must meet, by having an adult over the age of 18, run the stand for 30 minutes on their assigned days. Check with your Coach or Team Parent about where and how to sign up.

Field Cleanup Crew

Make sure all fields are clear of any debris once the last game is completed. The Board is responsible for the fields but is not responsible for your trash. We all need to help clean up after every game and at the end of the day's practice and games.

End of Year Banquet

Help with the end of the year banquet. Contact a Board Member to learn more. Little River Elementary Soccer Board - 2016

Additional Information

2016 LRE Soccer Board -

Co - Presidents	Daniel Bessada & Matt Colbeck
Co – Vice Presidents	Andy Roper & Aldo Palafox
Secretary	Tish Simard
Treasurer	Amanda McKinney

How to stay in touch –

Board Email	lresoccer@gmail.com
Website	www.lresoccer.com
Facebook	LRE Soccer (please “like” us; this is a great way to get up to date information)